

General Information

- IDS has links with mental health advisors which include consumer, youth and family advisors.
- Information collected is treated in a confidential manner. In case of significant risk to yourself or others some essential information may have to be shared with other services.
- Some demographic information is entered on computer as a requirement of the Ministry of Health for planning purposes.
- Mental Health clinicians receive supervision, which means that they may discuss some aspects of your treatment with a senior staff member (who is bound by confidentiality). This is Southern DHB policy to ensure you receive quality treatment.
- Students have clinical placements within our service. Permission is obtained before a student is involved with treatment. You have the right to decline student involvement.
- Southern DHB is a smoke free site. If you require help stopping smoking please ask one of the clinicians.
- Any form of aggression/ assault towards staff and other consumers is not acceptable.

Contacts

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Mental Health, Addictions and
Intellectual Disability Service

Intellectual
Disability
Service

Southern Regional Service

“Better Health, Better Lives, Whanau Ora”

Intellectual Disability Service

Intellectual Disability Service is a specialist service which fosters independence and recovery to people with intellectual disabilities and strives to develop and maintain people's existing skills so they can function at their optimum level in the community. The care provided is underpinned by the recovery competencies and Enabling Good Lives approach. Recovery is described as 'a life worth living' regardless of the presence or absence of illness. It is about restoring hope, discovering and building strengths and celebrating success. Enabling Good Lives approach is to make changes so that people with disabilities and their families have control of their lives.

The service includes:

- Ward 10 A
- Helensburgh Cottage
- Community Liaison Team

Client group consists of:

- Persons directed by the court under the Criminal Procedure (Mentally Impaired Persons) Act 2003 for a Part 3 assessment under the IDCC&R Act (2003).
- Persons requiring assessment and treatment under the Mental Health (Compulsory Assessment and Treatment) Act 1992.
- Individuals who are care recipients under IDCC&R Act 2003.

Ward 10 A

Ward 10A is a 12-bed medium secure service offering specialised inpatient services to people who have an intellectual disability with associated challenging behaviour and/or mental health issues which cannot be safely managed in the community or have been directed to the ward by the courts.

The service provides:

- Comprehensive individual assessment, treatment, and stabilisation for consumers.
- Behavioural support service for specialised assessment and/or intervention.
- Individualized recovery-focused care where the consumer is seen as integral.
- Facilitation of relevant links with support services and resources in the community.
- Delivery of a programme of activities which meet the group needs and consumer preferences. These contribute to the development of skills and life balance.
- Care that reflects an awareness of and sensitivity towards each person and his or her unique needs and belief systems.
- Provide support and education to family (whānau) and care givers.
- Promotion of relationships with family (whānau) and caregivers ensuring their views and concerns are valued and acknowledged.

Helensburgh Cottage

Helensburgh Cottage is a 4-bed inpatient secure transition unit that provides a safe, supportive environment for residents who have an intellectual disability with associated challenging behaviour and/or mental health issues, and they have been directed to accept care, treatment and/or rehabilitation under the Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003, or the Mental Health (Compulsory Assessment and Treatment) Act 1992.

The service provides:

- Delivery of individually tailored intervention which focuses on rehabilitation needs and goals.
- Access to behavioural support service for specialised assessment or intervention.
- Facilitation of relevant links with support services for specialised assessment and/or intervention.
- Delivery of a programme of activities which meet the individual's rehabilitation needs with a focus on the development and maintenance of life skills, and which also include community access and living.

Community Liaison Team

A community service provided during business hours for clients subject to the Intellectual Disability Compulsory Care & Rehabilitation Act 2003.