

**IF YOU HAVE ANY CONCERNS**

- During normal working hours – Contact or visit your Family Doctor
- On-Call Paediatric Registrar, 021-492-154
- After hours or in an emergency report to
  - Starship Hospital Emergency Department, 307-4949 ext 24001



Discharge information  
for patients following

**PAEDIATRIC SURGERY –  
SIMPLE  
HYPOSPADIAS REPAIR  
FOR DR VIPUL UPADHYAY  
(NB: NOT FOR GRAFT REPAIR PATIENTS)**

**Your rights and obligations**

The **Code of Health and Disability Services Consumers Rights** are prominently displayed within the Day Stay Unit.

To help improve our service we welcome your suggestions. These can be made verbally to the Charge Nurse or nursing staff, alternatively feedback forms are available.

**Starship Hospital**

2 Park Rd  
Grafton  
Auckland 1023

Phone: 09-367 0000

Date: \_\_\_\_\_

Operative procedure: \_\_\_\_\_

### Follow up appointments:

Stent Removal: \_\_\_\_\_

Clinic Review: \_\_\_\_\_

- This information is designed to assist you in your recovery from your procedure/operation.

### Anaesthetic

*General:* Over the next 24 hours your child may feel a little light headed, sleepy, be wobbly on mobilising, be slower to react and nauseated. During this time **do not** engage in strenuous activities e.g. no riding bikes or playground activities. Children require **close** supervision.

*Local/Regional:* Local anaesthetic / caudals generally wear off after 4-6 hours. As this area has a loss of sensation, you will need to protect the area from injury. Be careful when positioning legs.

### Diet

A light diet is recommended after a general anaesthetic. If your child experiences nausea or vomiting, leave out solid foods and drink clear fluids only. Lemonade and Ginger Ale may help. Should nausea and vomiting continue tomorrow, contact or visit your GP.

### Activity

It is not advisable to let your child ride a bike or tricycle or take part in any activity that requires them to straddle over anything – whilst the stent is in place. It is not advisable for them to swim whilst the stent is in.

### Stent

The stent in the bladder usually stays in for 7-10 days. Usually if the stent falls out, there is no need for another to be inserted. If this occurs, contact the on-call paediatric registrar (021 492 154).

### Shower/Wash

**NO SHOWER OR BATH FOR THE FIRST 4 DAYS.** Sponge wash only. The child may shower after this but **no baths until the stent is removed.**

### Wound Care

- If the dressing comes off there **is no need** for another dressing.
- It is normal to get urine on the dressing and this is nothing to be concerned about.
- **Two days** before coming back for stent removal your child can shower and peel the dressing off. When wet the dressing may peel off on its own or it makes it a lot easier to remove.

### Medication / Antibiotics

Continue routine medications unless instructed otherwise by medical staff.

If your child requires any new medications, you will receive a prescription to take home.

It is important to give and complete any course of antibiotics if prescribed.

If your child has a reaction to any of the medications prescribed then stop them immediately and see your family doctor, or come to Starship emergency dept.

For a severe reaction call emergency 111.

### Pain relief

If your child has not been prescribed pain relief, Paracetamol should work suitably. Do not take this medication if your child has an allergy to Paracetamol and ask the doctor for an alternative.

Do not take any other medication containing Paracetamol.

Medication	Next due at	Purpose
<b>PARACETAMOL</b>		<b>Pain Relief</b>
		<b>Antibiotic</b>

### Contact the On-call Paediatric Surgical Registrar if ANY concerns - 021-492-154

- Your child experiences excessive pain.
- Bleeding is uncontrolled or persists beyond suggested time frames.
- Child has not passed urine in 10 hours (no wet nappies).
- Concern regarding urination significantly different from usual pattern.
- Significant swelling.
- You notice marked redness or discharge from the wound.
- Your child has a high temperature, above 37.5°C for longer than 4 hours.
- Your child generally feels unwell and you are concerned.
- Any other concerns.