



When you're ready!
call 845 1818
www.cads.org.nz



Tupu

Pacific Alcohol, Other Drugs and Gambling Service

*Fakaalofa lahi atu, Talofa lava, Kia orana, Malo e lelei,
Ni su bula vinaka, Welcome*

Tupu is a team of Pacific Island workers who support Pacific people and their aiga/fanau/magafaoa who have issues with or questions about alcohol and/or other drugs and/or gambling.

We offer a range of support services delivered in a culturally relevant way.

Tupu services include:

- Consultation
- Assessment
- Individual counselling
- Group support (some groups are available after hours).

A service within the Pacific Mental Health & Addictions Service – Takanga a Fohe.

**To access Tupu services please call
845-1818 and ask for Tupu
or visit a CADS drop-in clinic**

This is a free service