



# LIVING

## Smokefree Service

After you have provided the A & B  
the Living Smokefree Service is your  
one stop shop for all smoking  
cessation referrals in Counties  
Manukau.

CONTACT US

**Call** 0800 569 568

**Fax No.** 09 2593897

**Email** [smokefree@middlemore.co.nz](mailto:smokefree@middlemore.co.nz)

**Care Connect e-referrals:**  
**Smokefree (CMDHB)**