# how to refer

If you know a young person or are a young person who may benefit from Social Work, Counselling or Mentoring contact WYT for more information.



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people will thrive" 'With your food basket and my food basket the Nāu te rourou, nāku te rourou,











NEW ZEALAND

**Community** Trust South



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**Empowering our** youth to develop confidence, resilience & healthy well-being







## who we are

Whakatipu Youth Trust works alongside young people aged 10-24 to ensure rangitahi have the skills, self-worth, wellbeing, resilience and support they need to reach their full potential. Our kaupapa is to create safe environments, trusted relationships and opportunities to empower our youth to live purposeful and meaningful lives through a multidisciplinary approach.





# what we offer

# whakatipu Youth Trust



# services

#### Youth Social Work:

Walking together, social work can support youth to develop the tools and skills they may require to nagivate their environment safely. Social work can provide psycoeducation, advocacy and coordinate a range of other supports and services for rangitahi.

#### Youth Counselling:

Counselling is a safe space for young people to express their thoughts, feelings, emotions, struggles, worries and the positive stuff to help explore who they are, what they want in life, unhook from things they are stuck on and how to lead a purposeful and meaningful life.

### Youth Mentoring:

Walking alongside, mentoring can provide rangitahi with an alternative trusted adult who can support young people to achieve goals, grow life skills, build resilience, ensure their voice is heard and realise their potential. Mentoring can be one-on-one or group based.

## Youth Engagement Facilitation:

Facilitates rangitahi to engage in positive youth development opportunities, programmes and events. In a youth centred, safe space where young people can connect with others, feel they belong and their voices heard.

## Attendance Advisory:

Working with families and schools to re-engage tamariki back into education as well as refer and connect students/families with social service support if required.