Whakatupu Ora - Infant Mental Health Service
Aroha ki te Tangata
70 Kerrs Road
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Wiri
Manukau
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Referral Criteria

We accept referrals from specialist health services, primary health care providers and NGOs where:

☐ Primary or secondary care interventions to address the current concerns:
- have been unsuccessful
- are not appropriate (e.g. problems are too severe for primary or secondary care)

AND one of the following applies:

Older infants, toddlers and preschoolers up to 4ᵗʰ birthday	BOTH of the following are present: ☐ 1. The child displays emotional or behavioural difficulties that: • are **much worse** than difficulties experienced by other children of the same age AND • have been **persistent** ☐ 2. The child's primary caregiver: • has significant difficulties bonding with the child, OR • has mental health difficulties likely to have a significant negative impact on the infant's social and/or emotional development, OR • has past or current adversity likely to have a significant negative impact on the infant's social and/or emotional development
Newborn infants	☐ Only 2. from above is required
Pregnant women	A significant risk to the mental health of the infant is identified, and starting treatment prior to delivery is essential to reducing this risk. Specifically, BOTH of the following need to be present: ☐ The woman's perception of the unborn infant is either: • significantly distorted, with strong anger / rejection or fear of the unborn infant, or • lacking emotional connection, with detached or indifferent feelings toward the unborn infant ☐ These difficulties cannot be solely explained by a major mental illness, such as psychosis or severe depression

Note: If there are acute concerns for the safety of the child, CYF services need to be notified to insure the safety of the infant prior to making a referral to our service