

COVID-19 vaccine

for pregnant and breastfeeding women

Is the COVID-19 vaccine safe?

- Medsafe has approved the Pfizer vaccine as safe for pregnant and breastfeeding women
- Results from studies around the world show that COVID-19 vaccines are safe for pregnant and breastfeeding women
- It is safe to have your vaccination at any stage of your pregnancy



Benefits of getting your vaccine:

- you are not more likely to get COVID-19 when you are pregnant - but if you do get COVID-19, you are much more likely to get very sick. Vaccination protects you from the virus and from getting very sick
- if you are vaccinated, your pēpē will get some protection from COVID-19 through your placenta
- if you are vaccinated your pēpē will get some protection from COVID-19 through your breast milk

How to get your vaccine

- Book online <https://bookmyvaccine.covid19.health.nz/>
- Call the COVID Vaccination Healthline 0800 282 926
- Call the Healthline service for Pacific people on 0800 21 12 21 (8am to 8pm, 7 days a week)

Unite
against
COVID-19

 **Waitemata**
District Health Board
Best Care for Everyone