

Follow up:

This may include an appointment with a hospital doctor/GP or referral to the community nurses or Day Unit.

Community psychiatric nurses (CPNs):

A team of registered and enrolled nurses providing a seven-day-a-week service. Referral is made via the Mental Health Service for Older People. They offer assessment and support for people in their own homes.

Gibson Day Unit:

Daily groups are run Monday – Friday for different patient needs.

Contacting us

If at any time you have issues about your care and do not wish to approach the team directly, please feel free to contact:

Ward 6C 03 470 9867

**Patient Affairs /
Complaints co-ordinator** 03 474 0999
extn 8429

**Health and Disability
advocate** 03 479 0265 or
0800 377 766



Your Guide to Ward 6C

Mental Health Service for Older People (Otago)

201 Great King Street, Private Bag 1921,
Dunedin, New Zealand.
Telephone 03 470 9867 Fax 03 470 9668

6th Floor • Dunedin Hospital

Welcome

This leaflet is to help you and your family (whānau) get to know us better. We also hope it will provide information to make your stay on the ward easier.

The Dunedin Hospital Patient Information booklet, available from the Patient Affairs office, offers some general information that is also important for you to read.

About Ward 6C

Ward 6C is an acute assessment and treatment unit for people aged over 65 years with mental health needs.

Ward 6C is a 'safe care unit' in that the doors are locked and a 'pin' number is needed to open them. This is in the interest of patient safety as there may be people who are confused and may wander.

We aim to offer a safe, supervised environment to assess your needs and provide any treatment you may require during your admission. We do not provide long-term care as you will be going home or to another facility in the community when you are discharged. Length of stay is variable and depends on the individual patient's needs.

What you will need

- Clothes to wear during the day
- Pyjamas/nighties
- Walking aids, dentures, glasses, hearing aids
- Any incontinence products you have been using at home
- Supportive footwear, support stockings (if worn normally)
- Any medications you have been taking (this includes inhalers, stacker trays and ointments)

Valuables

We recommend you do not bring valuables (e.g. money or jewellery) with you to the hospital. If you have any valuables with you, please discuss their safekeeping with your nurse.

Staff on Ward 6C

Staff on the ward most involved with your care include psychiatrists and other medical staff, nurses, social workers, occupational therapists and hospital aids. Others sometimes involved are the clinical psychologist, speech-language therapist, physiotherapists, dietitian, pharmacist and clergy.

Family meetings

These will be organised prior to discharge to discuss your care and talk about plans for when you leave the ward. They are also a time when any concerns can be raised.

Students

Dunedin Hospital is a teaching hospital for medical, nursing and other students. You may be asked if a student could examine you or work with you alongside the qualified staff.

Other services

Hairdresser, podiatrist, personal laundry — If you would like to arrange for any of these, please mention it to your nurse as there is a cost to you for these services.

Meal times

These are approximately 8:00am, 12:00pm (noon) and 5:00pm. We ask that visitors do not visit/call at meal times due to the ongoing assessment process.

Visiting times: 1:00pm - 4.30pm and 6:00pm – 8:00pm (other times by arrangement with nursing staff).

Please respect these times.