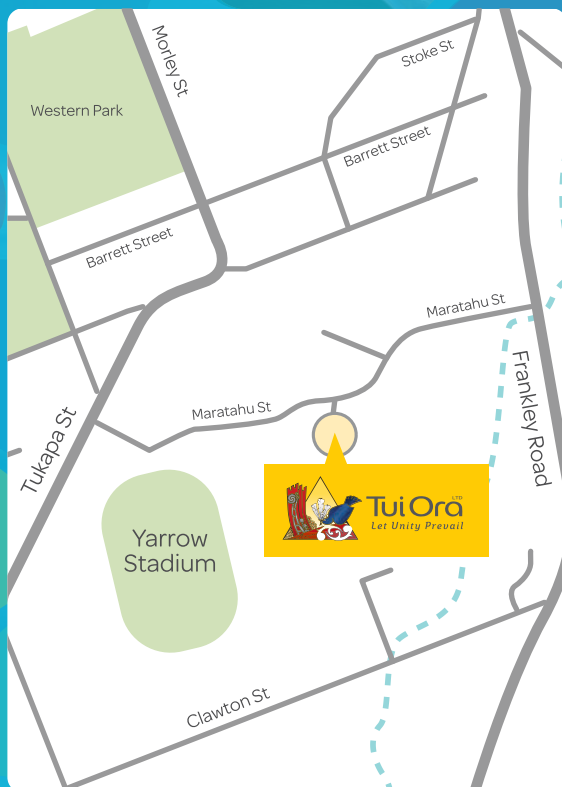


Tui Ora operates from the Maru Wehi Hauora complex in New Plymouth's Maratahu Street with an office in Hawera and clinics around the region. Many services are mobile and flexible, designed to support a whānau ora approach.



Tui Ora was established in 1998, with representation from the eight iwi of the Taranaki rohe through its governance structure. It is part of the Te Kawau Mārō health alliance to strengthen collaboration in the sector. Cultural principles, Ngā Ūara, underpin the delivery of services and programmes.

## Tui Ora

*Strengthening whānau wellness  
and quality of living*

### Tui Ora main office

Maru Wehi Hauora complex  
36 Maratahu St  
New Plymouth  
Phone (06) 759 4064  
reception@tuiora.co.nz  
[www.tuiora.co.nz](http://www.tuiora.co.nz)

### Hawera office

Cnr Grey and Princes St  
Phone (06) 278 6603  
reception@tuiora.co.nz

*Free parking and disabled access at  
our New Plymouth complex.*

*Phone, email or visit us with a query or referral.*

*Visit our website for a full list of services.*

*Our offices are open from  
8.30am - 5pm Monday to Friday*



## Oranga Hinengaro Mental Health and Addiction Services



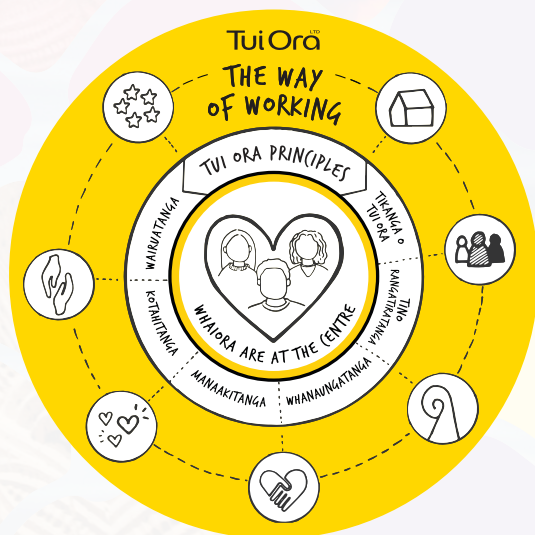
*Supporting tangata whaiora  
and their whānau to live well*

**Tui Ora is a kaupapa Māori organisation with a vision to  
strengthen whānau wellness and quality of living.**

*Our free and confidential services support adults and youth and we provide services throughout Taranaki with sites in New Plymouth and Hawera.*

*Our services work with a recovery focus promoting wellbeing and a whānau ora approach.*

*Our kaimahi (staff) have life experience, clinical expertise, cultural knowledge and a passion for supporting people in their mental well-being.*



## Tatou Ratonga | Our services

- Cultural assessments with kaumātua and kuia available for support and guidance.
- Consumer advocacy/peer support (CAPS) providing lived experience and tautoko to whānau. Kaimahi promote partnership, protection, participation and consultation in our service.
- Needs assessments and service co-ordination to identify appropriate support as well as goals and aspirations.
- Kaiāwhina/kaiārahi to navigate whānau in their journey to achieve their goals and aspirations.

*“What I expected and what I have experienced through the last few weeks has been mind blowing.”*

*“They are so understanding and caring, and nothing is too much trouble for them. I love going.”*

\*Tui Ora client feedback

## Tatou Ratonga | Our services

- Specialist clinicians including psychiatry, nurses and social workers.
- Addiction services for those wishing to change their substance use.
- Residential and community support which provides for recovery focused supported living.
- Taranaki Primary Connections which organises the brief intervention of counselling and psychological support for mild to moderate mental health issues. Available to all ages including youth, with referrals provided by from a GP or other health professional.
- Taiohi Ora Youth Wellness Service that aims to empower whānau and young people aged 12-18 years to build confidence and resiliency, as well as support for those with mild to moderate mental health challenges.

Tui Ora Oranga Hinengaro services work closely with iwi NGO organisations, health professionals and the Taranaki District Health Board to ensure whānau receive services that place them at heart of their own recovery. There is a GP clinic and pharmacy at the New Plymouth complex.

For information about any of these services please call us on 06 759 4064, email [reception@tuiora.co.nz](mailto:reception@tuiora.co.nz) or speak to your GP or other health professional about a referral.

*“No health without mental health – everyone has mental health, just as we all have physical health.”*