

NGĀTI
POROU
HAUORA



Hauora
Tairāwhiti

Waea Mai

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**Te Whare Hauora o
Te Aitanga a Hauiti**

Te Hauora o Turanganui a Kiwa Ltd
Turanga Health



I taatai ai te puhi ariki,

Te Hiringa matua,

Te Hiringa tipua,

Te Hiringa tawhito-o-rangi

*And blessed upon this young person,
Is the power to parent,
A magical power,
An inherited power*

– Te Oriori o Tuuteremoana

*'The name Te Hiringa Matua is taken from a
Te Oriori (lullaby) for Tuuteremoana.
It is an ancient birthing prayer that describes the
phenomenon of human procreation and the
instinct to care for children.'*



*Te Hiringa
Matua*

PREGNANCY AND
PARENTING SERVICE

Ko wai matou?

Te Hiringa Matua is a maori framework service that provides support for mama, hapu mama and their whānau dealing with drug and alcohol addictions and mental health issues utilizing Mahi-a-Atua and matauranga maori.



Mahi-a-Atua

Mahi-a-Atua is a concept using purakau that helps whānau whakapapa back to the atua in which helped shaped our lives in the here and now.

Developed by Diana and Mark Kopua here in Te Tairāwhiti, Mahi-a-Atua is what Te Hiringa Matua use to help our whānau in their journey of healing.

We use these purakau to access ancestral knowledge and turn it into an active purpose.

Te Hiringa Tangata Wānanga

Te Hiringa Tangata is an opportunity for whānau to enter into our whare and meet with our Mataora and other whānau.

Wānanga is open for anyone who would like to see what Te Hiringa Matua has to offer in terms of your health and well-being.

Purakau

Histories and Story-sharing

Karakia/Waiata

Ancient Prayer/Rituals

Mau rakau

Traditional Maori Weaponry

Rongoa

Traditional Maori Healing

Nga mahi a Rehia

Performing Arts

Mirimiri/Romiromi

Traditional Maori Therapies

**Come in and korero with us or
phone to find out more**

Wānanga

The 'wānanga' space we provide is a safe and supportive environment. Our Mataora encourage the practices of matauranga maori – so, this is not a typical health service consultation.

Te Hiringa Matua embodies whānaungatanga, manākitanga, matauranga and kaitiakitanga within the mahi which is to help empower whānau to living a full-bodied and healthy lifestyle.



Nga Mataora

Te Hiringa Matua Mataora provide manaaki to māma, their tamariki/mokopuna and whānau through a self-sustainable journey of whakaora.

Our Mataora team are a mix of registered nurses, social workers and traditional maori artists – with the intent to combine the clinical structure and artistry – whilst re-instating matauranga maori.